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# **The Miracle Of Green Tea: Herbal Remedy For Weight Loss, Diabetes, Blood Pressure, Cholesterol, Cancer, Allergies And Much, Much More (Overcome Caffeine ... Tea Benefits, Tea Cleanse, Natural Remedy)**





## **Synopsis**

Learn the Miracles of Green TeaThis is an all rounder Natural product. You will be amazed by the health benefits of Green Tea. Today only, get this bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device.This book contains everything you need to know about green tea â€“ from what it is and how it is prepared, to its ancient beginnings, and how science has also proven the effectiveness of the beverage in your health and beauty regimen. It can be a delicious ingredient in your dishes, too. Here Is A Preview Of What You'll Learn...Chapter 1 - The Tea as You Know ItChapter 2 - The History of Green TeaChapter 3 - Tea and Your HealthChapter 4 - Tea for the Face?Much, much more!Download your copy today!Take action right away to know the benefits of Green Tea by downloading this book "The Miracle Of Green TeaHerbal Remedy for Weight Loss, Diabetes, Blood Pressure, Cholesterol, Cancer, Allergies and Much, Much More", for a limited time discount of only \$2.99!Â Tags:green tea, benefits of green tea, green tea benefits, overcome caffeine addiction, stop caffeine addiction, cure blood pressure, diabetes cure, cholesterol cure

## **Book Information**

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## **Customer Reviews**

I am not an avid consumer green tea because I do not really like the taste and aroma of it. Instead, I prefer coffee and other dairy because I can appreciate more their taste. But lately, with so many illnesses coming in, I am worried about my daily routing of sipping those dairies. That is why I purchased this book to really know about green tea and the effect of it to our health. This book really helped me a lot and change my bad habit of consuming dairy product. Now, even though I cannot appreciate the taste of tea, but because of the good benefits of it to my health, I am now an avid green tea lover. It does made a great miracle in my health.

Perfect way to start a health and beauty regimen. Yes, I have added it to my dishes too and I finally can say I'm starting a healthy living because I found this book and no regrets of purchasing because it's the start of something to be proud of - healthy lifestyle!

I love taking green tea because it relaxes me all the time specially when I am at my stress point. Having a book like this which could greatly help me to know more about the great benefits that green tea can bring us. Having a healthy lifestyle away from any stress related sickness helps me to be more comfortable of myself and my lifestyle now.

It was an informative and comprehensive guide toward getting to know what is green tea all about and its advantages. I am a black tea lover and I have heard a lot of good things regarding green tea so I decided to study about it and this book was really helpful to me.

I'm not really sure if what I heard about green tea is actually right until I got this one. I now understand how good is green tea to our body and that it can do a lot of things. I mean it can be a remedy to many things that I really didn't know before and so I bought a lot of packs of it in the grocery store and shared it to my mom and dad. Amongst us, it's my dad who's really in need of it and as I let him know of what I've known from this book, he actually got a bit amazed as well for he doesn't know everything that this book offers. This is totally a good one and I highly recommend it to all. It's very informative and really worthy of the time reading.

I've tried drinking green tea a lot of times because it is popular in every mall today and I have been hearing about them from my friends who are also green tea drinkers, but I am not quite aware for what it can do to our body, a big thanks to this book I am well informed now how healthy green tea is. Highly recommended book.

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Beginners Guide to Overcoming Caffeine Addiction (Caffeine Addiction Guide, Caffeine Addiction, Overcoming Caffeine Addiction) Diabetes Diet Cookbook: Delicious Low Carb Recipes For Diabetics (Diabetes Miracle Cure, Lower Blood Sugar, Diabetes Desserts) (Diabetes Cookbook, Diabetes ... Type 2 Diabetes, Lower Blood Sugar) Diabetes: Reverse Diabetes: How to reverse diabetes and manage type 2 diabetes, type 1 diabetes and gestational diabetes (Diabetes, Type 2 diabetes, Type ... sugar, diabetic recipes, what is diabetes) DIY Herbal Gardening - Learn The Benefits Of Planting The Top 5 Medicinal Plants (Herbal Gardening, DIY Herbal Gardening, Medicinal Plants, Herbal Medicines, Herbal Cure) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan)

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